

## 12. TABLA DE MARCAS MÍNIMAS

| CTO. DE EXTREMADURA ALEVÍN DE VERANO P50 |      |            |          |          |          |           |          |          |          |
|------------------------------------------|------|------------|----------|----------|----------|-----------|----------|----------|----------|
|                                          |      | MASCULINOS |          |          |          | FEMENINOS |          |          |          |
|                                          |      | 2012       |          | 2013     |          | 2012      |          | 2013     |          |
|                                          |      | 25         | 50       | 25       | 50       | 25        | 50       | 25       | 50       |
| LIB                                      | 50   | 0:34,00    | 0:34,60  | 0:35,10  | 0:35,70  | 0:37,00   | 0:37,40  | 0:38,10  | 0:38,50  |
|                                          | 100  | 1:16,00    | 1:17,60  | 1:17,00  | 1:18,60  | 1:21,50   | 1:22,60  | 1:23,00  | 1:24,10  |
|                                          | 200  | 2:48,50    | 2:52,00  | 2:50,00  | 2:53,50  | 2:56,50   | 2:59,00  | 3:12,00  | 3:14,50  |
|                                          | 400  | 5:59,50    | 6:06,20  | 6:03,50  | 6:10,20  | 6:11,00   | 6:17,20  | 6:20,00  | 6:26,20  |
|                                          | 800  | 12:36,00   | 12:48,90 | 13:05,00 | 13:17,90 | 12:36,50  | 12:47,50 | 13:08,00 | 13:19,00 |
|                                          | 1500 |            |          |          |          |           |          |          |          |
| ESP                                      | 50   | 0:40,90    | 0:42,40  | 0:42,50  | 0:44,00  | 0:43,00   | 0:43,90  | 0:44,50  | 0:45,40  |
|                                          | 100  | 1:22,50    | 1:25,40  | 1:24,50  | 1:27,40  | 1:31,00   | 1:33,10  | 1:33,00  | 1:35,10  |
|                                          | 200  | 2:58,50    | 3:04,00  | 3:01,50  | 3:07,00  | 3:12,50   | 3:16,40  | 3:26,00  | 3:29,90  |
| BRA                                      | 50   | 0:46,50    | 0:47,20  | 0:47,90  | 0:48,60  | 0:47,50   | 0:48,00  | 0:48,50  | 0:49,00  |
|                                          | 100  | 1:36,50    | 1:38,90  | 1:38,00  | 1:40,40  | 1:41,20   | 1:42,60  | 1:45,00  | 1:46,40  |
|                                          | 200  | 3:22,80    | 3:28,20  | 3:25,90  | 3:31,30  | 3:35,50   | 3:39,90  | 3:50,00  | 3:54,40  |
| MAR                                      | 50   | 0:39,90    | 0:40,30  | 0:41,80  | 0:42,20  | 0:42,00   | 0:42,30  | 0:43,00  | 0:43,30  |
|                                          | 100  | 1:22,80    | 1:23,90  | 1:23,30  | 1:24,40  | 1:27,80   | 1:28,50  | 1:32,50  | 1:33,20  |
|                                          | 200  | 3:00,20    | 3:03,10  | 3:01,90  | 3:04,80  | 3:11,60   | 3:13,30  | 3:26,00  | 3:27,70  |
| EST                                      | 100  |            |          |          |          |           |          |          |          |
|                                          | 200  | 3:05,70    | 3:09,40  | 3:07,00  | 3:10,70  | 03:19,3   | 3:22,20  | 03:35,0  | 3:37,90  |
|                                          | 400  | 6:27,90    | 6:36,70  | 6:29,00  | 6:37,80  | 06:54,6   | 7:00,90  | 07:20,0  | 7:26,30  |

## 12. TABLA DE MARCAS MÍNIMAS

### 12.1. Mínimas Categoría Absoluta – Absoluta/Joven (Menores)

Marcas acreditadas entre el 1 de octubre de 2023 y el 12 de diciembre de 2024 referidas en piscina de 25 y 50 metros y con sistema de cronometraje electrónico o semiautomático.

|     |       |         | CAMPEONATO DE EXTREMADURA ABSOLUTO OPEN DE INVIERNO P25 |          |                     |          |                |          |                     |          |
|-----|-------|---------|---------------------------------------------------------|----------|---------------------|----------|----------------|----------|---------------------|----------|
|     |       |         | MASCULINOS                                              |          |                     |          | FEMENINOS      |          |                     |          |
|     |       |         | ABSOLUTO                                                |          | ABS-JOVEN Y MENORES |          | ABSOLUTO       |          | ABS-JOVEN Y MENORES |          |
|     |       |         | 2004 y mayores                                          |          | 2005 al 2012        |          | 2004 y mayores |          | 2005 al 2012        |          |
|     |       | TOPE B  | 25                                                      | 50       | 25                  | 50       | 25             | 50       | 25                  | 50       |
| LIB | 50    | 0:01,00 | 0:26,50                                                 | 0:27,10  | 0:27,30             | 0:27,90  | 0:30,50        | 0:30,90  | 0:31,20             | 0:31,60  |
|     | 100   | 0:02,00 | 0:59,00                                                 | 1:00,60  | 1:00,20             | 1:01,80  | 1:06,90        | 1:08,00  | 1:08,10             | 1:09,20  |
|     | 200   | 0:03,00 | 2:11,40                                                 | 2:14,90  | 2:14,40             | 2:17,90  | 2:26,90        | 2:29,40  | 2:29,90             | 2:32,40  |
|     | 400   | 0:06,00 | 4:40,00                                                 | 4:46,70  | 4:45,50             | 4:52,20  | 5:08,00        | 5:14,20  | 5:14,00             | 5:20,20  |
|     | 800   | 0:14,00 |                                                         |          |                     |          | 10:34,00       | 10:45,00 | 10:46,00            | 10:57,00 |
|     | 1500  | 0:23,00 | 18:35,00                                                | 18:58,50 | 18:57,00            | 19:20,50 |                |          |                     |          |
| ESP | 50    | 0:01,00 | 0:29,60                                                 | 0:31,10  | 0:30,10             | 0:31,60  | 0:34,50        | 0:35,40  | 0:35,20             | 0:36,10  |
|     | 100   | 0:02,00 | 1:04,10                                                 | 1:07,00  | 1:05,60             | 1:08,50  | 1:14,00        | 1:16,10  | 1:15,50             | 1:17,60  |
|     | 200   | 0:03,00 | 2:23,00                                                 | 2:28,50  | 2:26,00             | 2:31,50  | 2:40,00        | 2:43,90  | 2:43,00             | 2:46,90  |
| BRA | 50    | 0:01,00 | 0:33,80                                                 | 0:34,50  | 0:34,50             | 0:35,20  | 0:38,50        | 0:39,00  | 0:39,20             | 0:39,70  |
|     | 100   | 0:02,00 | 1:13,90                                                 | 1:16,30  | 1:15,40             | 1:17,80  | 1:23,50        | 1:24,90  | 1:25,00             | 1:26,40  |
|     | 200   | 0:03,00 | 2:41,50                                                 | 2:46,90  | 2:45,00             | 2:50,40  | 3:00,00        | 3:04,40  | 3:03,50             | 3:07,90  |
| MAR | 50    | 0:01,00 | 0:28,90                                                 | 0:29,30  | 0:29,40             | 0:29,80  | 0:33,00        | 0:33,30  | 0:33,50             | 0:33,80  |
|     | 100   | 0:02,00 | 1:04,00                                                 | 1:05,10  | 1:05,20             | 1:06,30  | 1:13,00        | 1:13,70  | 1:14,50             | 1:15,20  |
|     | 200   | 0:03,00 | 2:23,50                                                 | 2:26,40  | 2:27,00             | 2:29,90  | 2:41,00        | 2:42,70  | 2:44,00             | 2:45,70  |
| EST | 100   | 0:02,00 | 1:07,50                                                 |          | 1:09,00             |          | 1:16,50        |          | 1:18,00             |          |
|     | 200   | 0:03,00 | 2:27,00                                                 | 2:30,70  | 2:30,50             | 2:34,20  | 2:45,00        | 2:47,90  | 2:48,50             | 2:51,40  |
|     | 400   | 0:06,00 | 5:13,50                                                 | 5:22,30  | 5:20,00             | 5:28,80  | 5:48,50        | 5:54,80  | 5:55,00             | 6:01,30  |
|     |       |         | Relevo                                                  | Relevo   | Suma                | Suma     | Relevo         | Relevo   | Suma                | Suma     |
| LIB | 4x50  |         | 1:50,00                                                 | 1:52,40  | 1:51,50             | 1:53,90  | 2:08,50        | 2:10,10  | 2:10,00             | 2:11,60  |
|     | 4x100 |         | 4:04,50                                                 | 4:10,90  | 4:06,00             | 4:12,40  | 4:42,10        | 4:46,50  | 4:43,60             | 4:48,00  |
|     | 4x200 |         | 9:02,60                                                 | 9:16,60  | 9:04,50             | 9:18,50  | 10:14,60       | 10:24,60 | 10:16,10            | 10:26,10 |
| EST | 4x50  |         | 2:01,70                                                 | 2:04,90  | 2:03,50             | 2:06,70  | 2:23,00        | 2:25,10  | 2:24,50             | 2:26,60  |
|     | 4x100 |         | 4:27,70                                                 | 4:35,70  | 4:29,50             | 4:37,50  | 5:10,50        | 5:15,80  | 5:12,00             | 5:17,30  |



## 12.2. Mínimas Categoría Junior

Marcas acreditadas entre el 1 de octubre de 2023 y el 12 de diciembre de 2024 referidas en piscina de 25 y 50 metros y con sistema de cronometraje electrónico o semiautomático.

| CTO. DE EXTREMADURA JUNIOR DE INVIERNO |       |          |          |          |          |          |          |           |          |          |          |          |          |
|----------------------------------------|-------|----------|----------|----------|----------|----------|----------|-----------|----------|----------|----------|----------|----------|
| MASCULINOS                             |       |          |          |          |          |          |          | FEMENINOS |          |          |          |          |          |
| JUNIOR                                 |       |          |          |          |          |          |          | JUNIOR    |          |          |          |          |          |
| 2007                                   |       | 2008     |          | 2009     |          | 2007     |          | 2008      |          | 2009     |          |          |          |
| 25                                     | 50    | 25       | 50       | 25       | 50       | 25       | 50       | 25        | 50       | 25       | 50       | 25       | 50       |
| LIB                                    | 50    | 0:29,50  | 0:30,10  | 0:30,20  | 0:30,80  | 0:31,00  | 0:31,60  | 0:33,00   | 0:33,40  | 0:33,50  | 0:33,90  | 0:34,40  | 0:34,80  |
|                                        | 100   | 1:05,00  | 1:06,60  | 1:06,40  | 1:08,00  | 1:08,00  | 1:09,60  | 1:12,20   | 1:13,30  | 1:13,20  | 1:14,30  | 1:15,00  | 1:16,10  |
|                                        | 200   | 2:23,00  | 2:26,50  | 2:26,50  | 2:30,00  | 2:30,00  | 2:33,50  | 2:36,00   | 2:38,50  | 2:40,00  | 2:42,50  | 2:43,50  | 2:46,00  |
|                                        | 400   | 5:04,00  | 5:10,70  | 5:11,00  | 5:17,70  | 5:19,00  | 5:25,70  | 5:27,40   | 5:33,60  | 5:35,00  | 5:41,20  | 5:43,00  | 5:49,20  |
|                                        | 800   | 10:20,30 | 10:33,20 | 10:22,30 | 10:35,20 | 11:03,50 | 11:16,40 | 11:15,90  | 11:26,90 | 11:29,00 | 11:40,00 | 11:45,00 | 11:56,00 |
|                                        | 1500  | 20:10,00 | 20:33,50 | 20:38,00 | 21:01,50 | 21:09,00 | 21:32,50 | 21:12,70  | 21:33,30 | 21:25,70 | 21:46,30 | 21:45,70 | 22:06,30 |
| ESP                                    | 50    | 0:33,00  | 0:34,50  | 0:33,70  | 0:35,20  | 0:34,20  | 0:35,70  | 0:37,00   | 0:37,90  | 0:37,80  | 0:38,70  | 0:38,80  | 0:39,70  |
|                                        | 100   | 1:11,00  | 1:13,90  | 1:12,50  | 1:15,40  | 1:14,50  | 1:17,40  | 1:19,60   | 1:21,70  | 1:21,00  | 1:23,10  | 1:23,00  | 1:25,10  |
|                                        | 200   | 2:35,50  | 2:41,00  | 2:39,00  | 2:44,50  | 2:43,00  | 2:48,50  | 2:49,90   | 2:53,80  | 2:53,50  | 2:57,40  | 2:57,50  | 3:01,40  |
| BRA                                    | 50    | 0:37,00  | 0:37,70  | 0:37,90  | 0:38,60  | 0:38,60  | 0:39,30  | 0:41,30   | 0:41,80  | 0:42,00  | 0:42,50  | 0:43,00  | 0:43,50  |
|                                        | 100   | 1:21,00  | 1:23,40  | 1:22,50  | 1:24,90  | 1:24,50  | 1:26,90  | 1:29,50   | 1:30,90  | 1:31,00  | 1:32,40  | 1:33,00  | 1:34,40  |
|                                        | 200   | 2:55,00  | 3:00,40  | 2:59,00  | 3:04,40  | 3:03,50  | 3:08,90  | 3:10,60   | 3:15,00  | 3:15,00  | 3:19,40  | 3:19,50  | 3:23,90  |
| MAR                                    | 50    | 0:32,00  | 0:32,40  | 0:32,50  | 0:32,90  | 0:33,10  | 0:33,50  | 0:35,20   | 0:35,50  | 0:36,00  | 0:36,30  | 0:37,00  | 0:37,30  |
|                                        | 100   | 1:10,00  | 1:11,10  | 1:11,70  | 1:12,80  | 1:13,50  | 1:14,60  | 1:17,90   | 1:18,60  | 1:19,50  | 1:20,20  | 1:22,00  | 1:22,70  |
|                                        | 200   | 2:36,00  | 2:38,90  | 2:40,00  | 2:42,90  | 02:43,5  | 2:46,40  | 2:50,70   | 2:52,40  | 2:55,00  | 2:56,70  | 3:00,00  | 3:01,70  |
| EST                                    | 100   |          |          |          |          |          |          |           |          |          |          |          |          |
|                                        | 200   | 2:40,00  | 2:43,70  | 2:43,50  | 2:47,20  | 2:47,50  | 2:51,20  | 2:55,40   | 2:58,30  | 2:59,00  | 3:01,90  | 3:03,00  | 3:05,90  |
|                                        | 400   | 5:40,00  | 5:48,80  | 5:48,00  | 5:56,80  | 5:56,00  | 6:04,80  | 6:08,50   | 6:14,80  | 6:17,00  | 6:23,30  | 6:26,00  | 6:32,30  |
|                                        |       | Relevo   | Relevo   | Suma     | Suma     | Relevo   | Relevo   | Relevo    | Relevo   | Suma     | Suma     | Relevo   | Relevo   |
| LIB                                    | 4x50  | 1:59,00  | 2:01,40  | 2:00,50  | 2:02,90  |          |          | 2:16,50   | 2:18,10  | 2:18,00  | 2:19,60  |          |          |
|                                        | 4x100 | 4:25,00  | 4:31,40  | 4:26,50  | 4:32,90  |          |          | 4:56,50   | 5:00,90  | 4:58,00  | 5:02,40  |          |          |
|                                        | 4x200 | 9:48,00  | 10:02,00 | 9:49,50  | 10:03,50 |          |          | 11:00,00  | 11:10,00 | 11:01,50 | 11:11,50 |          |          |
| EST                                    | 4x50  | 2:12,00  | 2:15,20  | 2:13,50  | 2:16,70  |          |          | 2:33,00   | 2:35,10  | 2:34,50  | 2:36,60  |          |          |
|                                        | 4x100 | 4:50,00  | 4:58,00  | 4:51,50  | 4:59,50  |          |          | 5:42,00   | 5:47,30  | 5:43,50  | 5:48,80  |          |          |

### 13. TABLA DE MARCAS MÍNIMAS

#### 12.1. Categoría Infantil

Marcas acreditadas entre el 1 de octubre de 2023 y el 15 de enero de 2025 referidas en piscina de 25 y 50 metros y con sistema de cronometraje electrónico o semiautomático.

| CTO. DE EXTREMADURA INFANTIL DE INVIERNO P25 |       |          |          |          |           |          |          |          |          |
|----------------------------------------------|-------|----------|----------|----------|-----------|----------|----------|----------|----------|
| MASCULINOS                                   |       |          |          |          | FEMENINOS |          |          |          |          |
| INFANTIL                                     |       |          |          |          | INFANTIL  |          |          |          |          |
| 2010                                         |       | 2011     |          | 2010     |           | 2011     |          |          |          |
| 25                                           | 50    | 25       | 50       | 25       | 50        | 25       | 50       | 25       | 50       |
| LIB                                          | 50    | 0:31,80  | 0:32,40  | 0:32,80  | 0:33,40   | 0:35,20  | 0:35,60  | 0:36,20  | 0:36,60  |
|                                              | 100   | 1:10,00  | 1:11,60  | 1:11,60  | 1:13,20   | 1:17,00  | 1:18,10  | 1:19,00  | 1:20,10  |
|                                              | 200   | 2:34,50  | 2:38,00  | 2:38,50  | 2:42,00   | 2:48,00  | 2:50,50  | 2:52,00  | 2:54,50  |
|                                              | 400   | 5:27,50  | 5:34,20  | 5:37,00  | 5:43,70   | 5:51,00  | 5:57,20  | 6:01,00  | 6:07,20  |
|                                              | 800   | 11:21,90 | 11:34,80 | 11:38,50 | 11:51,40  | 12:03,00 | 12:14,00 | 12:22,00 | 12:33,00 |
|                                              | 1500  | 21:44,00 | 22:07,50 | 22:23,90 | 22:47,40  | 23:05,00 | 23:25,60 | 23:25,00 | 23:45,60 |
| ESP                                          | 50    | 0:35,00  | 0:36,50  | 0:36,20  | 0:37,70   | 0:36,60  | 0:37,50  | 0:37,80  | 0:38,70  |
|                                              | 100   | 1:16,50  | 1:19,40  | 1:18,50  | 1:21,40   | 1:25,00  | 1:27,10  | 1:27,00  | 1:29,10  |
|                                              | 200   | 2:47,50  | 2:53,00  | 2:51,50  | 2:57,00   | 3:02,00  | 3:05,90  | 3:07,00  | 3:10,90  |
| BRA                                          | 50    | 0:40,00  | 0:40,70  | 0:42,50  | 0:43,20   | 0:45,10  | 0:45,60  | 0:46,50  | 0:47,00  |
|                                              | 100   | 1:27,00  | 1:29,40  | 1:31,50  | 1:33,90   | 1:36,00  | 1:37,40  | 1:38,00  | 1:39,40  |
|                                              | 200   | 3:08,50  | 3:13,90  | 3:13,50  | 3:18,90   | 3:25,00  | 3:29,40  | 3:30,00  | 3:34,40  |
| MAR                                          | 50    | 0:34,60  | 0:35,00  | 0:36,80  | 0:37,20   | 0:38,90  | 0:39,20  | 0:40,00  | 0:40,30  |
|                                              | 100   | 1:15,50  | 1:16,60  | 1:17,90  | 1:19,00   | 1:24,00  | 1:24,70  | 1:26,00  | 1:26,70  |
|                                              | 200   | 2:48,00  | 2:50,90  | 2:53,50  | 2:56,40   | 3:05,00  | 3:06,70  | 3:08,00  | 3:09,70  |
| EST                                          | 100   |          |          |          |           |          |          |          |          |
|                                              | 200   | 2:52,00  | 2:55,70  | 2:57,90  | 3:01,60   | 3:08,00  | 3:10,90  | 3:13,00  | 3:15,90  |
|                                              | 400   | 6:06,00  | 6:14,80  | 6:16,50  | 6:25,30   | 6:35,00  | 6:41,30  | 6:46,00  | 6:52,30  |
|                                              |       | Relevo   | Relevo   | Suma     | Suma      | Relevo   | Relevo   | Suma     | Suma     |
| LIB                                          | 4x50  |          |          |          |           |          |          |          |          |
|                                              | 4x100 | 4:45,00  | 4:51,40  | 4:46,50  | 4:52,90   | 5:33,00  | 5:37,40  | 5:34,50  | 5:38,90  |
|                                              | 4x200 | 10:33,00 | 10:47,00 | 10:34,50 | 10:48,50  | 12:05,00 | 12:15,00 | 12:06,50 | 12:16,50 |
| EST                                          | 4x50  |          |          |          |           |          |          |          |          |
|                                              | 4x100 | 5:12,50  | 5:20,50  | 5:14,00  | 5:22,00   | 6:05,00  | 6:10,30  | 6:06,50  | 6:11,80  |

## 12.2. Categoría Alevín

Marcas acreditadas entre el 1 de octubre de 2023 y el 15 de enero de 2025 referidas en piscina de 25 y 50 metros y con sistema de cronometraje electrónico o semiautomático.

| CTO. DE EXTREMADURA ALEVÍN DE INVIERNO P25 |        |            |          |          |          |          |           |          |          |          |
|--------------------------------------------|--------|------------|----------|----------|----------|----------|-----------|----------|----------|----------|
|                                            |        | MASCULINOS |          |          |          |          | FEMENINOS |          |          |          |
|                                            |        | 2012       |          | 2013     |          |          | 2012      |          | 2013     |          |
|                                            | TOPE B | 25         | 50       | 25       | 50       |          | 25        | 50       | 25       | 50       |
| LIB                                        | 50     | 0:01,80    | 0:34,00  | 0:34,60  | 0:35,10  | 0:35,70  | 0:37,00   | 0:37,40  | 0:38,10  | 0:38,50  |
|                                            | 100    | 0:03,50    | 1:16,00  | 1:17,60  | 1:17,00  | 1:18,60  | 1:21,50   | 1:22,60  | 1:23,00  | 1:24,10  |
|                                            | 200    | 0:10,50    | 2:48,50  | 2:52,00  | 2:50,00  | 2:53,50  | 2:56,50   | 2:59,00  | 3:12,00  | 3:14,50  |
|                                            | 400    | 0:15,00    | 5:59,50  | 6:06,20  | 6:03,50  | 6:10,20  | 6:11,00   | 6:17,20  | 6:45,90  | 6:52,10  |
|                                            | 800    | 0:20,00    | 12:36,00 | 12:48,90 | 13:05,00 | 13:17,90 | 12:36,50  | 12:47,50 | 13:08,00 | 13:19,00 |
|                                            | 1500   |            |          |          |          |          |           |          |          |          |
| ESP                                        | 50     | 0:01,80    | 0:40,90  | 0:42,40  | 0:42,50  | 0:44,00  | 0:43,00   | 0:43,90  | 0:44,50  | 0:45,40  |
|                                            | 100    | 0:03,50    | 1:22,50  | 1:25,40  | 1:24,50  | 1:27,40  | 1:31,00   | 1:33,10  | 1:33,00  | 1:35,10  |
|                                            | 200    | 0:08,00    | 2:58,50  | 3:04,00  | 3:01,50  | 3:07,00  | 3:12,50   | 3:16,40  | 3:26,00  | 3:29,90  |
| BRA                                        | 50     | 0:01,80    | 0:46,50  | 0:47,20  | 0:47,90  | 0:48,60  | 0:47,50   | 0:48,00  | 0:48,50  | 0:49,00  |
|                                            | 100    | 0:04,00    | 1:36,50  | 1:38,90  | 1:38,00  | 1:40,40  | 1:43,50   | 1:44,90  | 1:47,00  | 1:48,40  |
|                                            | 200    | 0:11,00    | 3:22,80  | 3:28,20  | 3:25,90  | 3:31,30  | 3:35,50   | 3:39,90  | 3:50,00  | 3:54,40  |
| MAR                                        | 50     | 0:01,80    | 0:39,90  | 0:40,30  | 0:41,80  | 0:42,20  | 0:42,00   | 0:42,30  | 0:43,00  | 0:43,30  |
|                                            | 100    | 0:06,50    | 1:22,80  | 1:23,90  | 1:23,30  | 1:24,40  | 1:27,80   | 1:28,50  | 1:32,50  | 1:33,20  |
|                                            | 200    | 0:14,00    | 3:20,00  | 3:22,90  | 3:25,00  | 3:27,90  | 3:11,60   | 3:13,30  | 3:26,00  | 3:27,70  |
| EST                                        | 100    |            |          |          |          |          |           |          |          |          |
|                                            | 200    | 0:12,00    | 3:05,70  | 3:09,40  | 3:07,00  | 3:10,70  | 03:19,3   | 3:22,20  | 03:35,0  | 3:37,90  |
|                                            | 400    | 0:15,00    | 6:27,90  | 6:36,70  | 6:29,00  | 6:37,80  | 06:54,6   | 7:00,90  | 07:20,0  | 7:26,30  |

## 12. TABLA DE MARCAS MÍNIMAS

| CAMPEONATO DE EXTREMADURA ABSOLUTO OPEN DE VERANO P50 |        |                |          |                     |          |                |           |                     |          |          |
|-------------------------------------------------------|--------|----------------|----------|---------------------|----------|----------------|-----------|---------------------|----------|----------|
|                                                       |        | MASCULINOS     |          |                     |          |                | FEMENINOS |                     |          |          |
|                                                       |        | ABSOLUTO       |          | ABS-JOVEN Y MENORES |          | ABSOLUTO       |           | ABS-JOVEN Y MENORES |          |          |
|                                                       |        | 2004 y mayores |          | 2005 al 2012        |          | 2004 y mayores |           | 2005 al 2012        |          |          |
|                                                       | TOPE B | 50             | 25       | 50                  | 25       | 50             | 25        | 50                  | 25       |          |
| LIB                                                   | 50     | 0:01,00        | 0:27,10  | 0:26,50             | 0:27,90  | 0:27,30        | 0:30,90   | 0:30,50             | 0:31,60  | 0:31,20  |
|                                                       | 100    | 0:02,00        | 1:00,60  | 0:59,00             | 1:01,80  | 1:00,20        | 1:08,00   | 1:06,90             | 1:09,20  | 1:08,10  |
|                                                       | 200    | 0:03,00        | 2:14,90  | 2:11,40             | 2:17,90  | 2:14,40        | 2:29,40   | 2:26,90             | 2:32,40  | 2:29,90  |
|                                                       | 400    | 0:06,00        | 4:46,70  | 4:40,00             | 4:52,20  | 4:45,50        | 5:14,20   | 5:08,00             | 5:20,20  | 5:14,00  |
|                                                       | 800    | 0:14,00        | 9:52,15  | 9:39,25             | 9:59,60  | 9:46,70        | 10:45,00  | 10:34,00            | 10:57,00 | 10:46,00 |
|                                                       | 1500   | 0:23,00        | 18:58,50 | 18:35,00            | 19:20,50 | 18:57,00       | 20:26,50  | 20:05,90            | 20:53,45 | 20:32,85 |
| ESP                                                   | 50     | 0:01,00        | 0:31,10  | 0:29,60             | 0:31,60  | 0:30,10        | 0:35,40   | 0:34,50             | 0:36,10  | 0:35,20  |
|                                                       | 100    | 0:02,00        | 1:07,00  | 1:04,10             | 1:08,50  | 1:05,60        | 1:16,10   | 1:14,00             | 1:17,60  | 1:15,50  |
|                                                       | 200    | 0:03,00        | 2:28,50  | 2:23,00             | 2:31,50  | 2:26,00        | 2:43,90   | 2:40,00             | 2:46,90  | 2:43,00  |
| BRA                                                   | 50     | 0:01,00        | 0:34,50  | 0:33,80             | 0:35,20  | 0:34,50        | 0:39,00   | 0:38,50             | 0:39,70  | 0:39,20  |
|                                                       | 100    | 0:02,00        | 1:16,30  | 1:13,90             | 1:17,80  | 1:15,40        | 1:24,90   | 1:23,50             | 1:26,40  | 1:25,00  |
|                                                       | 200    | 0:03,00        | 2:46,90  | 2:41,50             | 2:50,40  | 2:45,00        | 3:04,40   | 3:00,00             | 3:07,90  | 3:03,50  |
| MAR                                                   | 50     | 0:01,00        | 0:29,30  | 0:28,90             | 0:29,80  | 0:29,40        | 0:33,30   | 0:33,00             | 0:33,80  | 0:33,50  |
|                                                       | 100    | 0:02,00        | 1:05,10  | 1:04,00             | 1:06,30  | 1:05,20        | 1:13,70   | 1:13,00             | 1:15,20  | 1:14,50  |
|                                                       | 200    | 0:03,00        | 2:26,40  | 2:23,50             | 2:29,90  | 2:27,00        | 2:42,70   | 2:41,00             | 2:45,70  | 2:44,00  |
| EST                                                   |        | 0:02,00        |          |                     |          |                |           |                     |          |          |
|                                                       | 200    | 0:03,00        | 2:30,70  | 2:27,00             | 2:34,20  | 2:30,50        | 2:47,90   | 2:45,00             | 2:51,40  | 2:48,50  |
|                                                       | 400    | 0:06,00        | 5:22,30  | 5:13,50             | 5:28,80  | 5:20,00        | 5:54,80   | 5:48,50             | 6:01,30  | 5:55,00  |
|                                                       |        | Relevo         | Relevo   | Suma                | Suma     | Relevo         | Relevo    | Suma                | Suma     |          |
| LIB                                                   | 4x50   |                | 1:52,40  | 1:50,00             | 1:54,30  | 1:51,90        | 2:10,10   | 2:08,50             | 2:11,60  | 2:10,00  |
|                                                       | 4x100  |                | 4:10,90  | 4:04,50             | 4:12,40  | 4:06,00        | 4:46,50   | 4:42,10             | 4:48,00  | 4:43,60  |
|                                                       | 4x200  |                | 9:16,60  | 9:02,60             | 9:18,10  | 9:04,10        | 10:24,60  | 10:14,60            | 10:26,10 | 10:16,10 |
| EST                                                   | 4x50   |                | 2:04,90  | 2:01,70             | 2:06,40  | 2:03,20        | 2:25,10   | 2:23,00             | 2:26,60  | 2:24,50  |
|                                                       | 4x100  |                | 4:35,70  | 4:27,70             | 4:37,20  | 4:29,20        | 5:15,80   | 5:10,50             | 5:17,30  | 5:12,00  |



| CTO. DE EXTREMADURA JUNIOR DE VERANO P50 |       |          |          |          |          |          |          |           |          |          |          |          |          |
|------------------------------------------|-------|----------|----------|----------|----------|----------|----------|-----------|----------|----------|----------|----------|----------|
| MASCULINOS                               |       |          |          |          |          |          |          | FEMENINOS |          |          |          |          |          |
| JUNIOR                                   |       |          |          |          |          |          |          | JUNIOR    |          |          |          |          |          |
| 2007                                     |       | 2008     |          | 2009     |          | 2007     |          | 2008      |          | 2009     |          |          |          |
| 25                                       | 50    | 25       | 50       | 25       | 50       | 25       | 50       | 25        | 50       | 25       | 50       | 25       | 50       |
| LIB                                      | 50    | 0:29,50  | 0:30,10  | 0:30,20  | 0:30,80  | 0:31,00  | 0:31,60  | 00:33,0   | 0:33,40  | 0:33,50  | 0:33,90  | 0:34,40  | 0:34,80  |
|                                          | 100   | 1:05,00  | 1:06,60  | 1:06,40  | 1:08,00  | 1:08,00  | 1:09,60  | 1:12,20   | 1:13,30  | 1:13,20  | 1:14,30  | 1:15,00  | 1:16,10  |
|                                          | 200   | 2:23,00  | 2:26,50  | 2:26,50  | 2:30,00  | 2:30,00  | 2:33,50  | 2:36,00   | 2:38,50  | 2:40,00  | 2:42,50  | 2:43,50  | 2:46,00  |
|                                          | 400   | 5:04,00  | 5:10,70  | 5:11,00  | 5:17,70  | 5:19,00  | 5:25,70  | 5:27,40   | 5:33,60  | 5:35,00  | 5:41,20  | 5:43,00  | 5:49,20  |
|                                          | 800   | 10:20,30 | 10:33,20 | 10:22,30 | 10:35,20 | 11:03,50 | 11:16,40 | 11:15,90  | 11:26,90 | 11:29,00 | 11:40,00 | 11:45,00 | 11:56,00 |
|                                          | 1500  | 20:10,00 | 20:33,50 | 20:38,00 | 21:01,50 | 21:09,00 | 21:32,50 | 21:12,70  | 21:33,30 | 21:25,70 | 21:46,30 | 21:45,70 | 22:06,30 |
| ESP                                      | 50    | 0:33,00  | 0:34,50  | 0:33,70  | 0:35,20  | 0:34,20  | 0:35,70  | 0:37,00   | 0:37,90  | 0:37,80  | 0:38,70  | 0:38,80  | 0:39,70  |
|                                          | 100   | 1:11,00  | 1:13,90  | 1:12,50  | 1:15,40  | 1:14,50  | 1:17,40  | 1:19,60   | 1:21,70  | 1:21,00  | 1:23,10  | 1:23,00  | 1:25,10  |
|                                          | 200   | 2:35,50  | 2:41,00  | 2:39,00  | 2:44,50  | 2:43,00  | 2:48,50  | 2:49,90   | 2:53,80  | 2:53,50  | 2:57,40  | 2:57,50  | 3:01,40  |
| BRA                                      | 50    | 0:37,00  | 0:37,70  | 0:37,90  | 0:38,60  | 0:38,60  | 0:39,30  | 0:41,30   | 0:41,80  | 0:42,00  | 0:42,50  | 0:43,00  | 0:43,50  |
|                                          | 100   | 1:21,00  | 1:23,40  | 1:22,50  | 1:24,90  | 1:24,50  | 1:26,90  | 1:29,50   | 1:30,90  | 1:31,00  | 1:32,40  | 1:33,00  | 1:34,40  |
|                                          | 200   | 2:55,00  | 3:00,40  | 2:59,00  | 3:04,40  | 3:03,50  | 3:08,90  | 3:10,60   | 3:15,00  | 3:15,00  | 3:19,40  | 3:19,50  | 3:23,90  |
| MAR                                      | 50    | 0:32,00  | 0:32,40  | 0:32,50  | 0:32,90  | 0:33,10  | 0:33,50  | 0:35,20   | 0:35,50  | 0:36,00  | 0:36,30  | 0:37,00  | 0:37,30  |
|                                          | 100   | 1:10,00  | 1:11,10  | 1:11,70  | 1:12,80  | 1:13,50  | 1:14,60  | 1:17,90   | 1:18,60  | 1:19,50  | 1:20,20  | 1:22,00  | 1:22,70  |
|                                          | 200   | 2:36,00  | 2:38,90  | 2:40,00  | 2:42,90  | 2:43,50  | 2:46,40  | 2:50,70   | 2:52,40  | 2:55,00  | 2:56,70  | 3:00,00  | 3:01,70  |
| EST                                      | 100   |          |          |          |          |          |          |           |          |          |          |          |          |
|                                          | 200   | 2:40,00  | 2:43,70  | 2:43,50  | 2:47,20  | 2:47,50  | 2:51,20  | 2:55,40   | 2:58,30  | 2:59,00  | 3:01,90  | 3:03,00  | 3:05,90  |
|                                          | 400   | 5:40,00  | 5:48,80  | 5:48,00  | 5:56,80  | 5:56,00  | 6:04,80  | 6:08,50   | 6:14,80  | 6:17,00  | 6:23,30  | 6:26,00  | 6:32,30  |
|                                          |       | Relevo   | Relevo   | Suma     | Suma     | Relevo   | Relevo   | Relevo    | Relevo   | Suma     | Suma     | Relevo   | Relevo   |
| LIB                                      | 4x50  | 1:59,00  | 2:01,40  | 2:00,50  | 2:02,90  |          |          | 2:16,50   | 2:18,10  | 2:18,00  | 2:19,60  |          |          |
|                                          | 4x100 | 4:25,00  | 4:31,40  | 4:26,50  | 4:32,90  |          |          | 4:56,50   | 5:00,90  | 4:58,00  | 5:02,40  |          |          |
|                                          | 4x200 | 9:48,00  | 10:02,00 | 9:49,50  | 10:03,50 |          |          | 11:00,00  | 11:10,00 | 11:01,50 | 11:11,50 |          |          |
| EST                                      | 4x50  | 2:12,00  | 2:15,20  | 2:13,50  | 2:16,70  |          |          | 2:33,00   | 2:35,10  | 2:34,50  | 2:36,60  |          |          |
|                                          | 4x100 | 4:50,00  | 4:58,00  | 4:51,50  | 4:59,50  |          |          | 5:42,00   | 5:47,30  | 5:43,50  | 5:48,80  |          |          |

**CTO. DE EXTREMADURA INFANTIL DE VERANO P50**

|     |       | MASCULINOS |          |          |          | FEMENINOS |          |          |          |
|-----|-------|------------|----------|----------|----------|-----------|----------|----------|----------|
|     |       | INFANTIL   |          |          |          | INFANTIL  |          |          |          |
|     |       | 2010       |          | 2011     |          | 2010      |          | 2011     |          |
|     |       | 25         | 50       | 25       | 50       | 25        | 50       | 25       | 50       |
| LIB | 50    | 0:31,80    | 0:32,40  | 0:32,80  | 0:33,40  | 0:35,20   | 0:35,60  | 0:36,20  | 0:36,60  |
|     | 100   | 1:10,00    | 1:11,60  | 1:11,60  | 1:13,20  | 1:17,00   | 1:18,10  | 1:19,00  | 1:20,10  |
|     | 200   | 2:34,50    | 2:38,00  | 2:38,50  | 2:42,00  | 2:48,00   | 2:50,50  | 2:52,00  | 2:54,50  |
|     | 400   | 5:27,50    | 5:34,20  | 5:37,00  | 5:43,70  | 5:51,00   | 5:57,20  | 6:01,00  | 6:07,20  |
|     | 800   | 11:21,90   | 11:34,80 | 11:38,50 | 11:51,40 | 12:03,00  | 12:14,00 | 12:22,00 | 12:33,00 |
|     | 1500  | 21:44,00   | 22:07,50 | 22:23,90 | 22:47,40 | 23:05,00  | 23:25,60 | 23:25,00 | 23:45,60 |
| ESP | 50    | 0:35,00    | 0:36,50  | 0:36,20  | 0:37,70  | 0:36,60   | 0:37,50  | 0:37,80  | 0:38,70  |
|     | 100   | 1:16,50    | 1:19,40  | 1:18,50  | 1:21,40  | 1:25,00   | 1:27,10  | 1:27,00  | 1:29,10  |
|     | 200   | 2:47,50    | 2:53,00  | 2:51,50  | 2:57,00  | 3:02,00   | 3:05,90  | 3:07,00  | 3:10,90  |
| BRA | 50    | 0:40,00    | 0:40,70  | 0:42,50  | 0:43,20  | 0:45,10   | 0:45,60  | 0:46,50  | 0:47,00  |
|     | 100   | 1:27,00    | 1:29,40  | 1:31,50  | 1:33,90  | 1:36,00   | 1:37,40  | 1:38,00  | 1:39,40  |
|     | 200   | 3:08,50    | 3:13,90  | 3:13,50  | 3:18,90  | 3:25,00   | 3:29,40  | 3:30,00  | 3:34,40  |
| MAR | 50    | 0:34,60    | 0:35,00  | 0:36,80  | 0:37,20  | 0:38,90   | 0:39,20  | 0:40,00  | 0:40,30  |
|     | 100   | 1:15,50    | 1:16,60  | 1:17,90  | 1:19,00  | 1:24,00   | 1:24,70  | 1:26,00  | 1:26,70  |
|     | 200   | 2:48,00    | 2:50,90  | 2:53,50  | 2:56,40  | 3:05,00   | 3:06,70  | 3:08,00  | 3:09,70  |
| EST | 100   |            |          |          |          |           |          |          |          |
|     | 200   | 2:52,00    | 2:55,70  | 2:57,90  | 3:01,60  | 3:08,00   | 3:10,90  | 3:13,00  | 3:15,90  |
|     | 400   | 6:06,00    | 6:14,80  | 6:16,50  | 6:25,30  | 6:35,00   | 6:41,30  | 6:46,00  | 6:52,30  |
|     |       | Relevo     | Relevo   | Suma     | Suma     | Relevo    | Relevo   | Suma     | Suma     |
| LIB | 4x50  |            |          |          |          |           |          |          |          |
|     | 4x100 | 4:45,00    | 4:51,40  | 4:46,50  | 4:52,90  | 5:33,00   | 5:37,40  | 5:34,50  | 5:38,90  |
|     | 4x200 | 10:33,00   | 10:47,00 | 10:34,50 | 10:48,50 | 12:05,00  | 12:15,00 | 12:06,50 | 12:16,50 |
| EST | 4x50  |            |          |          |          |           |          |          |          |
|     | 4x100 | 5:12,50    | 5:20,50  | 5:14,00  | 5:22,00  | 6:05,00   | 6:10,30  | 6:06,50  | 6:11,80  |