RANKING HISTORICO FEMENINO - CLUB NATACION DON BENITO ACUARUN

		RECORD CLUB	2022/2023	2021/2022	2020/2021	2019/2020	2018/2019	2017/2018	2016/2017	2015/2016
50L	PISCINA 25m	00:27,15 AMALIA SÁNCHEZ-M C 04/12/22 CÁCERES E	00:27,15 AMALIA SÁNCHEZ-M C 04/12/22 CÁCERES E	00:27,47 AMALIA SÁNCHEZ-M C 18/12/21 BADAJOZ E	00:27,97 AMALIA SÁNCHEZ-M C 20/12/20 PLASENCIA E	00:27,84 AMALIA SÁNCHEZ-M C 22/12/19 CÁCERES E	00:28,45 AMALIA SÁNCHEZ-M C 18/05/19 CÁCERES E	00:28,58 CARMEN LAZARO R 04/11/17 PLASENCIA E	00:28,41 CARMEN LAZARO R 22/10/16 PLASENCIA E	00:28,47 CARMEN LAZARO R 03/04/16 CACERES E
50L	PISCINA 50m	00:27,86 AMALIA SÁNCHEZ-M C 02/07/22 CASAR DE C. E	00:28,53 AMALIA SÁNCHEZ-M C 10/06/23 BADAJOZ E	00:27,86 AMALIA SÁNCHEZ-M C 02/07/22 CASAR DE C. E	00:27,95 AMALIA SÁNCHEZ-M C 03/07/21 MÉRIDA E	00:29,84 AMALIA SÁNCHEZ-M C 16/02/20 LAS PALMAS G C	00:28,95 AMALIA SÁNCHEZ-M C 02/06/19 MAIRENA E	00:28,72 ANA LÓPEZ C 04/08/18 NAVALMORAL E	00:29,05 CARMEN LAZARO R 08/07/17 ALMENDRALE E	00:28,89 CARMEN LAZARO R 22/07/16 DON BENITO M
100L	PISCINA 25m	00:57,37 AMALIA SÁNCHEZ-M C 26/11/21 PALMA D.M. E	00:58,51 AMALIA SÁNCHEZ-M C 03/12/22 CÁCERES E	00:57,37 AMALIA SÁNCHEZ-M C 26/11/21 PALMA D.M. E	00:58,54 AMALIA SÁNCHEZ-M C 09/05/21 PLASENCIA E	00:59,87 AMALIA SÁNCHEZ-M C 22/12/19 CÁCERES E	01:01,13 AMALIA SÁNCHEZ-M C 23/12/18 DON BENITO E	01:01,44 AMALIA SANCHEZ-MIR. C 09/06/18 BADAJOZ E	01:01,07 CARMEN LAZARO R 27/11/16 DON BENITO E	01:01,26 CARMEN LAZARO R 20/03/16 ALMENDRALEJO E
100L	PISCINA 50m	00:59,21 AMALIA SÁNCHEZ-M C 04/07/21 MÉRIDA E	00:59,60 AMALIA SÁNCHEZ-M C 31/03/23 PALMA MALL E	00:59,41 AMALIA SÁNCHEZ-M C 03/07/22 CASAR DE C. E	00:59,21 AMALIA SÁNCHEZ-M C 04/07/21 MÉRIDA E	01:01,74 AMALIA SÁNCHEZ-M C 16/02/20 LAS PALMAS G C	01:01,41 AMALIA SÁNCHEZ-M C 06/07/19 MÉRIDA E	01:03,11 AMALIA SÁNCHEZ-M C 04/08/18 NAVALMORAL E	01:03,19 Mª ISABEL MORCILLO B 08/07/17 ALMENDRALE E	01:02,62 CARMEN LAZARO R 23/07/16 DON BENITO M
200L	PISCINA 25m	02:02,14 AMALIA SÁNCHEZ-M C 27/11/21 PALMA D.M. E	02:05,50 AMALIA SÁNCHEZ-M C 23/04/23 PLASENCIA E	02:02,14 AMALIA SÁNCHEZ-M C 27/11/21 PALMA D.M. E	02:03,85 AMALIA SÁNCHEZ-M C 09/05/21 PLASENCIA E	02:08,80 AMALIA SÁNCHEZ-M C 26/01/20 D. BENITO E	02:11,73 AMALIA SÁNCHEZ-M C 03/02/19 BADAJOZ E	02:13,24 AMALIA SÁNCHEZ-M C 09/06/18 BADAJOZ E	02:15,90 CARMEN LAZARO R 26/11/16 DON BENITO E	02:12,42 ANA I. BANDA B 14/02/16 ALMENDRALEJO E
200L	PISCINA 50m	02:04,36 AMALIA SÁNCHEZ-M C 07/08/21 LAS PALMAS GC	02:08,20 AMALIA SÁNCHEZ-M C 30/03/23 PALMA MALL E	02:07,22 AMALIA SÁNCHEZ-M C 11/03/22 MADRID E	02:04,36 AMALIA SÁNCHEZ-M C 07/08/21 LAS PALMAS GC	02:12,18 AMALIA SÁNCHEZ-M C 15/02/20 LAS PALMAS G C	02:13,07 AMALIA SÁNCHEZ-M C 16/03/19 GIJÓN E	02:18,06 AMALIA SÁNCHEZ-M C 21/07/18 SABADELL E	02:20,16 Mª ISABEL MORCILLO B 09/07/17 ALMENDRALE E	02:16,75 ANA I. BANDA B 06/02/16 OVIEDO E
400L	PISCINA 25m	04:18,45 AMALIA SÁNCHEZ-M C 19/12/21 BADAJOZ E	04:24,99 AMALIA SÁNCHEZ-M C 13/05/23 CÁCERES E	04:18,45 AMALIA SÁNCHEZ-M C 19/12/21 BADAJOZ E	04:18,45 AMALIA SÁNCHEZ-M C 19/12/21 BADAJOZ E	04:29,02 AMALIA SÁNCHEZ-M C 25/01/20 D. BENITO E	04:35,35 AMALIA SÁNCHEZ-M C 04/05/19 BADAJOZ E	04:48,58 AMALIA SANCHEZ-MIR. C 04/03/18 CACERES E	04:49,44 Mª ISABEL MORCILLO B 13/05/17 CACERES E	04:31,96 ANA I. BANDA B 20/12/15 ABSOLUTO E
400L	PISCINA 50m	04:20,61 AMALIA SÁNCHEZ-M C 05/08/21 LAS PALMAS GC	04:30,38 AMALIA SÁNCHEZ-M C 26/07/23 MÁLAGA E	04:23,33 AMALIA SÁNCHEZ-M C 22/07/22 SABADELL E	04:20,61 AMALIA SÁNCHEZ-M C 05/08/21 LAS PALMAS GC	04:34,95 AMALIA SÁNCHEZ-M C 15/02/20 LAS PALMAS G C	04:36,01 AMALIA SÁNCHEZ-M C 29/07/19 BARCELONA E	04:52,71 AMALIA SÁNCHEZ-M C 22/07/18 SABADELL E	05:01,19 Mª ISABEL MORCILLO B 09/07/17 ALMENDRALE E	04:39,62 ANA I. BANDA B 06/02/16 OVIEDO E
800L	PISCINA 25m	08:57,96 AMALIA SÁNCHEZ-M C 28/11/21 PALMA D.M. E	08:58,29 AMALIA SÁNCHEZ-M C 13/05/23 CÁCERES E	08:57,96 AMALIA SÁNCHEZ-M C 28/11/21 PALMA D.M. E	09:01,90 AMALIA SÁNCHEZ-M C 19/12/2021 PLASENCIA E	09:13,41 AMALIA SÁNCHEZ-M C 26/01/20 D. BENITO E	09:13,19 AMALIA SÁNCHEZ-M C 04/05/19 BADAJOZ E	09:51,19 AMALIA SANCHEZ-MIR. C 21/04/18 CACERES M	10:05,89 ANA BELEN LOZANO C 26/11/16 DON BENITO E	09:18,56 ANA I. BANDA B 19/12/15 ABSOLUTO E
800L	PISCINA 50m	09:04,60 AMALIA SÁNCHEZ-M C 03/08/21 LAS PALMAS GC	09:22,89 AMALIA SÁNCHEZ-M C 31/03/23 PALMA MALL E	09:09,84 AMALIA SÁNCHEZ-M C 02/07/22 CASAR DE C. E	09:04,60 AMALIA SÁNCHEZ-M C 03/08/21 LAS PALMAS GC	09:28,38 AMALIA SÁNCHEZ-M C 14/02/20 LAS PALMAS G C	09:28,71 AMALIA SÁNCHEZ-M C 30/07/19 BARCELONA E	10:01,66 AMALIA SÁNCHEZ-M C 03/08/18 NAVALMORAL E	10:59,08 ANA BELEN LOZANO C 07/07/17 ALMENDRALE E	09:36,09 ANA I. BANDA B 07/02/19 OVIEDO E
1500L	PISCINA 25m	17:09,72 AMALIA SÁNCHEZ-M C 19/06/21 DON BENITO E	17:13,94 AMALIA SÁNCHEZ-M C 18/02/23 CÁCERES E	17:28,79 AMALIA SÁNCHEZ-M C 22/01/22 DON BENITO E	17:09,72 AMALIA SÁNCHEZ-M C 19/06/21 DON BENITO E	17:37,28 AMALIA SÁNCHEZ-M C 25/01/20 D. BENITO E	17:41,60 AMALIA SÁNCHEZ-M C 19/05/19 CÁCERES E	X	X	19:46,68 ANA B. LOZANO C 15/05/16 CACERES E
1500L	PISCINA 50m	17:06,12 AMALIA SÁNCHEZ-M C 03/08/21 LAS PALMAS GC	17:42,20 AMALIA SÁNCHEZ-M C 27/07/23 MÁLAGA E	17:26,69 AMALIA SÁNCHEZ-M C 20/07/22 SABADELL E	17:06,12 AMALIA SÁNCHEZ-M C 03/08/21 LAS PALMAS GC	X	17:50,11 AMALIA SÁNCHEZ-M C 28/07/19 BARCELONA E	X	X	X
2000L	PISCINA 25m	26:41,39 Mª ISABEL MORCILLO B 25/01/14 CÁCERES E								
2000L	PISCINA 50m	X								
3000L	PISCINA 25m	40:24,44 Mª ISABEL MORCILLO B 25/01/14 CÁCERES E								
3000L	PISCINA 50m	X								
50E	PISCINA 25m	00:32,20 AMALIA SÁNCHEZ-M C 18/12/21 BADAJOZ E	00:35,33 SILVIA HURTADO T 20/05/23 PLASENCIA E	00:32,20 AMALIA SÁNCHEZ-M C 18/12/21 BADAJOZ E	00:32,20 AMALIA SÁNCHEZ-M C 18/12/21 BADAJOZ E	00:32,82 AMALIA SÁNCHEZ-M C 21/12/19 CÁCERES E	00:33,40 AMALIA SÁNCHEZ-M C 18/05/19 CÁCERES E	00:33,51 MARÍA PUENTE Z 09/06/18 BADAJOZ E	00:33,48 MARIA PUENTE Z 11/03/17 ALMENDRALE E	00:32,65 MARIA PUENTE Z 19/12/15 ABSOLUTO E
50E	PISCINA 50m	00:34,36 MARÍA PUENTE Z 11/06/16 BADAJOZ E	00:37,52 SILVIA HURTADO T 10/06/23 BADAJOZ E	00:35,62 LUCÍA CAÑAMERO M 03/07/22 CASAR DE C. E	00:34,81 AMALIA SÁNCHEZ-M C 04/07/21 MÉRIDA E	X	00:35,59 AMALIA SÁNCHEZ-M C 05/07/19 MÉRIDA E	00:35,33 ANA LÓPEZ C 14/07/18 V. DE LA SERENA E	00:35,08 MARÍA PUENTE Z 07/07/17 ALMENDRALE E	00:34,36 MARÍA PUENTE Z 11/06/16 BADAJOZ E
100E	PISCINA 25m	01:08,35 AMALIA SÁNCHEZ-M C 23/01/22 DON BENITO E	01:14,17 SILVIA HURTADO T 20/05/23 PLASENCIA E	01:08,35 AMALIA SÁNCHEZ-M C 23/01/22 DON BENITO E	01:08,93 AMALIA SÁNCHEZ-M C 09/05/21 PLASENCIA E	01:10,70 AMALIA SÁNCHEZ-M C 22/12/19 CÁCERES E	01:11,55 AMALIA SÁNCHEZ-M C 24/03/19 ALMENDRALEJ E	01:12,99 AMALIA SANCHEZ-MIR C 02/06/18 NAVALMORAL E	01:14,22 MARIA PUENTE Z 11/03/17 ALMENDRALE E	01:12,00 MARIA PUENTE Z 14/02/16 ALMENDRALEJO E
100E	PISCINA 50m	01:12,17 AMALIA SÁNCHEZ-M C 04/07/21 MÉRIDA E	01:19,59 SILVIA HURTADO T 10/06/23 BADAJOZ E	01:14,66 AMALIA SÁNCHEZ-M C 11/02/22 BADAJOZ E	01:12,17 AMALIA SÁNCHEZ-M C 04/07/21 MÉRIDA E	X	01:14,27 AMALIA SÁNCHEZ-M C 06/07/19 MÉRIDA E	01:20,00 DIANA LOPEZ B 04/08/18 NAVALMORAL E	01:17,08 MARÍA PUENTE Z 09/07/17 ALMENDRALE E	01:16,03 MARÍA PUENTE Z 11/06/16 BADAJOZ E
200E	PISCINA 25m	02:30,31 MARIA PUENTE Z 19/12/15 ABSOLUTO E	02:42,35 SILVIA HURTADO T 21/01/23 BADAJOZ E	02:49,20 SILVIA HURTADO T 23/04/22 PLASENCIA E	02:54,07 MARINA ESPINAR M 08/05/21 PLASENCIA E	02:39,10 AMALIA SÁNCHEZ-M C 22/02/20 PLASENCIA E	02:31,63 AMALIA SÁNCHEZ-M C 22/12/18 DON BENITO E	02:39,24 AMALIA SÁNCHEZ-M C 20/05/18 CÁCERES E	02:36,29 MARIA PUENTE Z 21/01/17 BADAJOZ E	02:30,31 MARIA PUENTE Z 19/12/15 ABSOLUTO E
200E	PISCINA 50m	02:40,31 MARÍA PUENTE Z 03/07/15 BADAJOZ E	02:49,08 SILVIA HURTADO T 10/06/23 BADAJOZ E	02:52,01 SILVIA HURTADO T 02/07/22 CASAR DE C. E	03:04,08 SILVIA HURTADO T 03/07/21 MÉRIDA E	X	02:53,04 LUCÍA LÓPEZ B 23/06/19 ALMENDRALEJ E	02:48,45 AMALIA SÁNCHEZ-M C 04/08/18 NAVALMORAL E	02:52,32 MARÍA PUENTE Z 08/07/17 ALMENDRALE E	02:43,18 MARÍA PUENTE Z 22/07/16 DON BENITO M
50B	PISCINA 25m	00:36,00 AMALIA SÁNCHEZ-M C 21/05/22 CÁCERES E	00:36,10 CAYETANA ESPINOLA R 20/05/23 PLASENCIA E	00:36,00 AMALIA SÁNCHEZ-M C 21/05/22 CÁCERES E	00:36,24 AMALIA SÁNCHEZ-M C 19/02/22 PLASENCIA E	00:39,83 CARMEN LÁZARO R 30/11/19 NAVALMORAL E	00:38,37 ALEJANDRA ESPÍNOLA R 18/05/19 CÁCERES E	00:36,41 CARMEN LAZARO R 15/04/18 CACERES E	00:37,76 MARIA PUENTE Z 23/04/17 CACERES E	00:36,83 ESTHER PARRAS P 14/05/16 CACERES E
50B	PISCINA 50m	00:36,85 CAYETANA ESPINOLA R 20/07/23 SABADELL E	00:36,85 CAYETANA ESPINOLA R 20/07/23 SABADELL E	00:38,45 CAYETANA ESPINOLA R 03/07/22 CASAR DE C. E	00:38,12 AMALIA SÁNCHEZ-M C 12/06/21 BADAJOZ E	X	00:40,30 ALEJANDRA ESPÍNOLA R 07/07/19 MÉRIDA E	00:39,68 MARÍA PUENTE Z 05/08/18 NAVALMORAL E	00:38,84 MARÍA PUENTE Z 09/07/17 ALMENDRALE E	00:37,35 ESTHER PARRAS P 23/07/16 DON BENITO M
100B	PISCINA 25m	01:15,87 AMALIA SÁNCHEZ-M C 21/05/22 CÁCERES E	01:18,03 CAYETANA ESPINOLA R 19/03/23 ALMENDRALJ E	01:15,87 AMALIA SÁNCHEZ-M C 21/05/22 CÁCERES E	01:16,54 AMALIA SÁNCHEZ-M C 19/02/22 PLASENCIA E	01:23,02 CARMEN LÁZARO R 30/11/19 NAVALMORAL E	01:24,30 CARMEN LÁZARO R 24/11/18 NAVALMORAL E	01:20,58 CARMEN LAZARO R 14/04/18 CACERES E	01:21,16 CARMEN LAZARO R 27/11/16 DON BENITO E	01:18,89 ESTHER PARRAS P 14/05/16 CACERES E
100B	PISCINA 50m	01:20,63 CAYETANA ESPINOLA R 02/07/23 MÉRIDA E	01:20,63 CAYETANA ESPINOLA R 02/07/23 MÉRIDA E	01:23,67 CAYETANA ESPINOLA R 03/07/22 CASAR DE C. E	01:21,10 AMALIA SÁNCHEZ-M C 12/06/21 BADAJOZ E	X	01:25,56 ALEJANDRA ESPÍNOLA R 07/07/19 MÉRIDA E	01:25,63 CARMEN LAZARO R 16/06/18 DON BENITO E	01:24,91 CARMEN LAZARO R 09/07/17 ALMENDRALE E	01:22,74 ESTHER PARRAS P 24/07/16 DON BENITO M
200B	PISCINA 25m	02:46,70 AMALIA SÁNCHEZ-M C 19/02/22 PLASENCIA E	02:52,71 CAYETANA ESPINOLA R 14/05/23 CÁCERES E	02:46,70 AMALIA SÁNCHEZ-M C 19/02/22 PLASENCIA E	03:05,44 CAYETANA ESPINOLA R 19/06/21 DON BENITO E	03:08,39 ALAZNE J. MONFORTE P 21/12/19 CÁCERES E	03:01,20 ALEJANDRA ESPÍNOLA R 23/02/19 PLASENCIA E	03:00,69 AMALIA SÁNCHEZ-M C 26/05/18 DON BENITO E	02:59,97 ESTHER PARRAS P 26/11/16 DON BENITO E	02:53,80 ESTHER PARRAS P 15/05/16 CACERES E
200B	PISCINA 50m	02:56,52 CAYETANA ESPINOLA R 01/07/23 MÉRIDA E	02:56,52 CAYETANA ESPINOLA R 01/07/23 MÉRIDA E	02:58,55 CAYETANA ESPINOLA R 02/07/22 CASAR DE C. E	03:07,69 CAYETANA ESPINOLA R 03/07/21 MÉRIDA E	X	03:15,76 ALAZNE J. MONFORTE P 01/06/19 MAIRENA E	03:15,02 ALAZNE J. MONFORTE P 04/08/18 NAVALMORAL E	03:19,63 ESTHER PARRAS P 17/06/17 DON BENITO E	02:59,57 ESTHER PARRAS P 23/07/16 DON BENITO M
50M	PISCINA 25m	00:29,71 AMALIA SÁNCHEZ-M C 03/12/22 CÁCERES E	00:29,71 AMALIA SÁNCHEZ-M C 03/12/22 CÁCERES E	00:29,97 AMALIA SÁNCHEZ-M C 22/05/22 CÁCERES E	00:30,62 CARMEN LÁZARO R 19/06/21 DON BENITO E	00:29,81 CARMEN LÁZARO R 21/12/19 CÁCERES E	00:30,16 CARMEN LÁZARO R 04/05/19 BADAJOZ E	00:30,04 CARMEN LAZARO R 14/04/18 CACERES E	00:30,12 CARMEN LAZARO R 26/11/16 DON BENITO E	00:30,19 CARMEN LAZARO R 30/04/16 BADAJOZ E
50M	PISCINA 50m	00:30,08 CARMEN LAZARO R 23/07/16 DON BENITO M	00:32,21 SOFÍA FREJO D 17/06/23 DON BENITO M	00:31,40 AMALIA SÁNCHEZ-M C 18/06/22 DON BENITO E	00:30,78 CARMEN LÁZARO R 03/07/21 MÉRIDA E	X	00:30,21 CARMEN LÁZARO R 05/07/19 MÉRIDA E	00:30,35 CARMEN LÁZARO R 03/08/18 NAVALMORAL E	00:30,65 CARMEN LÁZARO R 05/03/17 MÁLAGA E	00:30,08 CARMEN LAZARO R 23/07/16 DON BENITO M
100M	PISCINA 25m	01:05,86 AMALIA SÁNCHEZ-M C 03/12/22 CÁCERES E	01:05,86 AMALIA SÁNCHEZ-M C 03/12/22 CÁCERES E	01:06,08 AMALIA SÁNCHEZ-M C 19/02/22 PLASENCIA E	01:09,95 AMALIA SÁNCHEZ-M C 19/12/21 PLASENCIA E	01:07,94 CARMEN LÁZARO R 21/12/19 CÁCERES E	01:08,64 CARMEN LÁZARO R 23/02/19 PLASENCIA E	01:07,93 CARMEN LAZARO R 18/03/18 ALMENDRALEJO E	01:07,00 CARMEN LAZARO R 12/03/17 ALMENDRALEJO E	01:06,92 CARMEN LAZARO R 19/12/15 ABSOLUTO E
100M	PISCINA 50m	01:07,60 AMALIA SÁNCHEZ-M C 18/06/22 DON BENITO E	01:20,12 SOFIA FREJO D 10/06/23 BADAJOZ E	01:07,60 AMALIA SÁNCHEZ-M C 18/06/22 DON BENITO E	01:11,89 CARMEN LÁZARO R 03/07/21 MÉRIDA E	X	01:08,96 CARMEN LÁZARO R 07/07/19 MÉRIDA E	01:09,39 CARMEN LÁZARO R 05/08/18 NAVALMORAL E	01:09,74 CARMEN LÁZARO R 09/07/17 ALMENDRALE E	01:08,24 CARMEN LAZARO R 11/06/16 BADAJOZ E
200M	PISCINA 25m	02:26,99 AMALIA SÁNCHEZ-M C 23/04/23 PLASENCIA E	02:26,99 AMALIA SÁNCHEZ-M C 23/04/23 PLASENCIA E	03:06,66 SOFÍA FREJO D 24/04/22 PLASENCIA E	03:02,64 BLANCA MARTÍNEZ B 09/05/21 PLASENCIA E	02:38,07 CARMEN LÁZARO R 30/11/19 NAVALMORAL E	03:00,16 ALAZNE J. MONFORTE P 23/02/19 PLASENCIA E	02:52,14 AMALIA SANCHEZ-MIR C 24/02/18 CACERES M	02:51,37 Mº ISABEL MORCILLO B 06/05/17 DON BENITO E	02:29,66 CARMEN LAZARO R 20/12/15 ABSOLUTO E
200M	PISCINA 50m	02:35,76 CARMEN LAZARO R 24/07/16 DON BENITO M	02:58,25 SOFIA FREJO D 10/06/23 BADAJOZ E	03:01,91 SOFÍA FREJO D 03/07/22 CASAR DE C. E		X	03:12,53 LUCÍA LÓPEZ B 15/06/19 DON BENITO E	02:56,65 AMALIA SÁNCHEZ-M C 16/06/18 DON BENITO E	02:59,40 AMALIA SÁNCHEZ-M C 08/07/17 ALMENDRALE E	02:35,76 CARMEN LAZARO R 24/07/16 DON BENITO M
100EI	PISCINA 25m	01:10,63 CARMEN LAZARO R 27/11/16 DON BENITO E	01:17,81 BLANCA MARTÍNEZ B 04/12/22 CÁCERES E	01:16,51 BLANCA MARTÍNEZ B 19/12/21 BADAJOZ E	01:17,08 ALEJANDRA ESPÍNOLA R 20/12/20 PLASENCIA E	01:13,27 CARMEN LÁZARO R 30/11/19 NAVALMORAL E	01:13,10 CARMEN LÁZARO R 23/12/18 DON BENITO E	01:12,91 CARMEN LAZARO R 17/12/17 BADAJOZ E	01:10,63 CARMEN LAZARO R 27/11/16 DON BENITO E	01:13,51 MARIA PUENTE Z 20/12/15 ABSOLUTO E
200EI	PISCINA 25m	02:22,54 AMALIA SÁNCHEZ-M C 18/12/21 BADAJOZ E	02:26,70 AMALIA SÁNCHEZ-M C 22/04/23 PLASENCIA E	02:22,54 AMALIA SÁNCHEZ-M C 18/12/21 BADAJOZ E	02:25,48 AMALIA SÁNCHEZ-M C 08/05/21 PLASENCIA E	02:29,50 AMALIA SÁNCHEZ-M C 21/12/19 CÁCERES E	02:31,17 AMALIA SÁNCHEZ-M C 04/05/19 BADAJOZ E	02:42,37 DIANA LOPEZ B 20/01/18 BADAJOZ E	02:37,53 CARMEN LAZARO R 11/03/17 ALMENDRALE E	02:39,51 MARIA PUENTE Z 20/03/16 ALMENDRALEJO E
200EI	PISCINA 50m	02:30,51 AMALIA SÁNCHEZ-M C 12/06/22 BADAJOZ E	02:32,61 AMALIA SÁNCHEZ-M C 17/06/23 DON BENITO M	02:30,51 AMALIA SÁNCHEZ-M C 12/06/22 BADAJOZ E	02:53,03 Mª ISABEL MORCILLO B 03/07/21 MÉRIDA E	X	02:39,69 AMALIA SÁNCHEZ-M C 08/06/19 BADAJOZ E	02:42,82 AMALIA SÁNCHEZ-M C 07/07/18 MONTIJO E	02:48,95 AMALIA SÁNCHEZ-M C 08/07/17 ALMENDRALE E	02:52,03 MARÍA PUENTE Z 18/06/16 DON BENITO E
400EI	PISCINA 25m	05:08,86 AMALIA SÁNCHEZ-M C 24/04/22 PLASENCIA E	05:49,36 CAYETANA ESPINOLA R 04/12/22 CÁCERES E	05:08,86 AMALIA SÁNCHEZ-M C 24/04/22 PLASENCIA E	05:20,37 AMALIA SÁNCHEZ-M C 21/11/20 DON BENITO M	05:27,32 AMALIA SÁNCHEZ-M C 22/02/20 PLASENCIA E	05:20,56 AMALIA SÁNCHEZ-M C 05/05/19 BADAJOZ E	05:32,73 AMALIA SANCHEZ-MIR C 02/06/18 NAVALMORAL E	05:47,77 Mº ISABEL MORCILLO B 06/05/17 DON BENITO E	05:23,38 ANA I. BANDA B 20/12/15 ABSOLUTO E
400EI	PISCINA 50m	05:41,24 ANA I. BANDA B 24/07/16 DON BENITO M	06:02,49 CAYETANA ESPINOLA R 02/07/23 MÉRIDA E	06:11,48 CAYETANA ESPINOLA R 03/07/22 CASAR DE C. E	06:21,01 SOFÍA FREJO D 04/07/21 MÉRIDA E	X	06:06.18 LUCÍA LÓPEZ B 07/07/19 MÉRIDA E	05:49,83 AMALIA SÁNCHEZ-M C 05/08/18 NAVALMORAL E	06:05,63 AMALIA SÁNCHEZ-M C 03/06/17 NAVALMORAL E	05:41,24 ANA I. BANDA B 24/07/16 DON BENITO M

		2014/2015	2013/2014	2012/2013	2011/2012	2010/2011	2009/2010	2008/2009	2007/2008	2006/2007	2005/2006
50L	PISCINA 25m	00:28,47 CARMEN LÁZARO R 20/12/2014 PLASENCIA E	00:28,72 Mª ISABEL MORCILLO B 23/03/14 CÁCERES E	00:28,81 CARMEN LÁZARO R 11/05/13 CÁCERES E	00:30,12 Mª ISABEL MORCILLO B 14/01/12 CÁCERES E	00:29,78 CARMEN ALISEDA G 19/12/10 CÁCERES E	00:29,82 CARMEN ALISEDA G 12/06/10 BADAJOZ E	00:30,09 CARMEN ALISEDA G 28/02/09 DON BENITO E	00:30,78 CARMEN ALISEDA G 17/05/18 CÁCERES E	00:31,38 CARMEN ALISEDA G 19/05/07 CÁCERES E	
50L	PISCINA 50m	00:28,92 CARMEN LÁZARO R 03/07/15 BADAJOZ E	00:29,44 CARMEN LÁZARO R 05/07/14 V. DE LA SEREN	00:29,80 Mª ISABEL MORCILLO B 06/07/13 NAVALMORAL E	00:30,20 Mª ISABEL MORCILLO B 09/06/12 BADAJOZ E	00:31,72 CARMEN ALISEDA G 25/06/11 DON BENITO E	00:30,77 CARMEN ALISEDA G 03/07/10 MÉRIDA E	00:30,62 CARMEN ALISEDA G 11/07/09 MONTIJO E	00:31,98 CARMEN ALISEDA G 19/07/08 NAVALMORAL E	00:32,99 CARMEN ALISEDA G 14/07/07 PLASENCIA E	
100L	PISCINA 25m	01:01,80 Mª ISABEL MORCILLO B 17/05/15 CÁCERES E	01:01,66 Mª ISABEL MORCILLO B 08/03/14 ALMENDRALE E	01:03,22 CARMEN LÁZARO R 28/04/13 CÁCERES E	01:04,17 Mª ISABEL MORCILLO B 15/01/12 CÁCERES E	01:04,11 CARMEN ALISEDA G 06/03/11 ALMENDRALE E	01:05,25 CARMEN ALISEDA G 07/03/10 NAVALMORAL E	01:05,38 CARMEN ALISEDA G 23/05/09 CÁCERES E	01:06,39 CARMEN ALISEDA G 26/04/08 MÉRIDA M	01:08,58 CARMEN ALISEDA G 19/05/07 CÁCERES E	
100L	PISCINA 50m	01:02,76 CARMEN LÁZARO R 04/07/15 BADAJOZ E	01:03,43 Mª ISABEL MORCILLO B 05/07/14 V. DE LA SEREN	01:04,20 Mª ISABEL MORCILLO B 07/07/13 NAVALMORAL E	01:04,52 Mª ISABEL MORCILLO B 01/07/12 ALMENDRALE E	01:05,67 Mª ISABEL MORCILLO B 26/06/11 DON BENITO E	01:07,16 CARMEN ALISEDA G 03/07/10 MÉRIDA E	01:05,68 CARMEN ALISEDA G 13/06/09 MÉRIDA E	01:07,81 CARMEN ALISEDA G 12/07/08 ALMENDRALE E	01:11,01 CARMEN ALISEDA G 02/06/07 MÉRIDA E	
200L	PISCINA 25m	02:09,90 ANA I. BANDA B 15/02/15 DON BENITO E	02:15,15 ANA I. BANDA B 17/05/14 CÁCERES E	02:16,64 ANA I. BANDA B 11/05/13 CÁCERES E	02:21,70 Mª ISABEL MORCILLO B 15/01/12 CÁCERES E	02:23,82 CARMEN ALISEDA G 19/12/10 CÁCERES E	02:25,37 CARMEN ALISEDA G 7/03/09 NAVALMORAL E	02:23,81 CARMEN ALISEDA G 30/05/09 NAVALMORAL E	02:26,08 CARMEN ALISEDA G 26/04/08 MÉRIDA M	02:32,89 Mª PILAR LESMES G-C 03/03/07 PLASENCIA M	
200L	PISCINA 50m	02:13,70 ANA I. BANDA B 01/02/15 CASTELLÓN E	02:15,46 ANA I. BANDA B 29/06/14 MÉRIDA E	02:20,68 ANA I. BANDA B 07/07/13 NAVALMORAL E	02:24,14 Mª ISABEL MORCILLO B 14/06/12 DON BENITO E	02:24,73 Mª ISABEL MORCILLO B 24/06/11 DON BENITO E	02:31,60 CARMEN ALISEDA G 02/07/10 MÉRIDA E	02:27,85 CARMEN ALISEDA G 12/07/09 MONTIJO E	02:30,62 CARMEN ALISEDA G 06/07/08 MÉRIDA E	02:38,54 BEATRIZ REALES V 15/07/07 PLASENCIA E	
400L	PISCINA 25m	04:29,70 ANA I. BANDA B 08/03/15 MÉRIDA E	04:40,35 ANA I. BANDA B 23/03/14 CÁCERES E	04:46,35 ANA I. BANDA B 27/04/13 CÁCERES E	05:02,49 ANA I. BANDA B 20/05/12 CÁCERES E	05:20,23 Mª ISABEL MORCILLO B 21/05/11 CÁCERES E	05:19,45 CECILIA MENA F 07/03/10 NAVALMORAL E	05:21,08 CARMEN ALISEDA G 22/11/08 NAVALMORAL E	05:16,09 CARMEN ALISEDA G 17/05/18 CÁCERES E	05:29,14 CLAUDIA PÍRIZ C 25/11/06 MÉRIDA M	
400L	PISCINA 50m	04:36,05 ANA I. BANDA B 07/06/15 M'86 MADRID E	04:40,62 ANA I. BANDA B 27/06/14 MÉRIDA E	04:54,86 ANA I. BANDA B 26/07/13 PONTEVEDRA E	05:14,27 ANA I. BANDA B 01/07/12 ALMENDRALE E	05:27,36 SANDRA LOZANO -R 26/06/11 DON BENITO E	05:28,44 CECILIA MENA F 26/06/10 DON BENITO E	05:39,73 CARMEN ALISEDA G 27/06/09 DON BENITO E	05:49,72 BEATRIZ REALES V 28/06/08 DON BENITO E	05:36,66 CLAUDIA PÍRIZ C 08/07/07 OLIVENZA E	
800L	PISCINA 25m	09:12,42 ANA I. BANDA B 20/12/14 PLASENCIA E	09:30,50 ANA I. BANDA B 21/12/13 DON BENITO E	09:48,41 ANA I. BANDA B 27/04/13 CÁCERES E	10:32,62 LAURA DE BENITO C 12/05/12 BADAJOZ M	10:59,20 SANDRA LOZANO -R 12/02/11 ALMENDRALE E	10:59,20 SANDRA LOZANO M-R 06/03/10 NAVALMORAL E	11:19,91 CARMEN ALISEDA G 14/03/09 CÁCERES M	11:22,13 CLAUDIA PÍRIZ C 19/04/08 MÉRIDA M	11:12,85 CLAUDIA PÍRIZ C 25/11/06 MÉRIDA M	
800L	PISCINA 50m	09:23,46 ANA I. BANDA B 27/02/15 CÁDIZ E	09:46,39 ANA I. BANDA B 17/07/14 BARCELONA E	10:13,21 ANA I. BANDA B 06/07/13 NAVALMORAL E	10:43,70 ANA I. BANDA B 29/06/12 ALMENDRALE E	11:25,72 MARTA DÍAZ G 24/06/11 DON BENITO E	11:20,64 MARTA DÍAZ G 02/07/10 MÉRIDA E	11:59,74 CECILIA MENA F 04/07/09 OLIVENZA E	11:44,45 CECILIA MENA F 05/07/08 MÉRIDA E	12:51,17 CRISTINA SERRANO A 07/07/07 OLIVENZA E	
1500L	PISCINA 25m	18:04,91 ANA I. BANDA B 17/05/15 CÁCERES E	19:49,91 Mª ISABEL MORCILLO B 25/01/14 CÁCERES E	20:05,22 ANA I. BANDA B 19/01/13 MÉRIDA E	X					21:57,53 CRISTINA GORDO P 21/04/07 NAVALMORAL E	
1500L	PISCINA 50m	X	X	X	X						
2000L	PISCINA 25m		26:41,39 Mª ISABEL MORCILLO B 25/01/14 CÁCERES E	26:43,31 ANA I. BANDA B 19/01/13 MÉRIDA E	X						
2000L	PISCINA 50m		X	X	X						
3000L	PISCINA 25m		40:24,44 Mª ISABEL MORCILLO B 25/01/14 CÁCERES E	41:17,89 Mª ISABEL MORCILLO B 19/01/13 MÉRIDA E	X						
3000L	PISCINA 50m		X	X	X						
50E	PISCINA 25m	00:33,28 MARÍA PUENTE Z 16/05/15 CÁCERES E	00:34,39 MARÍA PUENTE Z 17/05/14 CÁCERES E	00:36,21 CARMEN LÁZARO R 12/05/13 CÁCERES E	00:36,66 CARMEN ALISEDA G 15/01/12 CÁCERES E	00:35,27 CARMEN ALISEDA G 09/04/11 CÁCERES E	00:36,17 CARMEN ALISEDA G 14/11/09 ALMENDRALE E	00:35,15 CARMEN ALISEDA G 28/02/09 DON BENITO E	00:35,97 CARMEN ALISEDA G 19/04/08 MÉRIDA M	00:35,46 CARMEN ALISEDA G 25/02/07 CÁCERES E	
50E	PISCINA 50m	00:35,23 MARÍA PUENTE Z 05/07/15 BADAJOZ E	00:35,43 MARÍA PUENTE Z 29/06/14 MÉRIDA E	00:36,71 MARÍA PUENTE Z 08/06/13 BADAJOZ E	00:39,46 ANA B. LOZANO C 09/06/12 BADAJOZ E	00:37,36 CARMEN ALISEDA G 26/06/11 DON BENITO E	00:37,56 CLAUDIA PÍRIZ C 04/07/10 MÉRIDA E	00:41,64 CECILIA MENA F 25/07/09 PLASENCIA E	00:37,44 CARMEN ALISEDA G 14/06/08 PLASENCIA E	00:40,50 CRISTINA GORDO P 02/06/07 MÉRIDA E	
100E	PISCINA 25m	01:10,78 MARÍA PUENTE Z 07/03/15 MÉRIDA E	01:12,74 MARÍA PUENTE Z 08/03/14 ALMENDRALE E	01:15,63 CARMEN LÁZARO R 12/05/13 CÁCERES E	01:19,00 CARMEN LÁZARO R 14/01/12 CÁCERES E	01:14,20 CARMEN ALISEDA G 06/03/11 ALEMDRALE E	01:18,02 CARMEN ALISEDA G 07/03/10 NAVALMORAL E	01:15,39 CARMEN ALISEDA G 02/05/09 PLASENCIA E	01:16,50 CARMEN ALISEDA G 23/02/08 DON BENITO M	01:15,69 CARMEN ALISEDA G 25/02/07 CÁCERES E	
100E	PISCINA 50m	01:16,07 MARÍA PUENTE Z 20/06/15 DON BENITO E	01:16,85 MARÍA PUENTE Z 28/06/14 MÉRIDA E	01:18,15 MARÍA PUENTE Z 01/07/13 BADAJOZ E	01:22,68 MARÍA PUENTE Z 30/06/12 ALMENDRALE E		01:22,50 SARA NOGALES C 24/07/10 LOS SANTOS M E	01:20,28 CARMEN ALISEDA G 20/06/09 VALEN. VENT. E	01:20,25 CARMEN ALISEDA G 19/07/08 NAVALMORAL E	01:22,65 CARMEN ALISEDA G 31/07/07 MADRID E	
200E	PISCINA 25m	02:34,82 MARÍA PUENTE Z 17/05/15 CÁCERES E	02:39,12 MARÍA PUENTE Z 15/02/14 ALMENDRALE E	02:42,76 MARÍA PUENTE Z 16/02/13 DON BENITO E	02:47,26 CARMEN LÁZARO R 11/02/12 PLASENCIA E	02:43,05 CARMEN ALISEDA G 21/05/11 CÁCERES E	02:46,73 SARA NOGALES C 14/11/09 ALMENDRALE E	02:47,12 CARMEN ALISEDA G 13/12/08 BADAJOZ E	02:46,23 CARMEN ALISEDA G 10/02/08 MADRID E	02:44,62 CLAUDIA PÍRIZ C 24/02/07 CÁCERES E	02:56,96 CARMEN ALISEDA G 08/07/06 DON BENITO E
200E	PISCINA 50m	02:40,31 MARÍA PUENTE Z 03/07/15 BADAJOZ E	02:48,88 MARÍA PUENTE Z 07/06/14 BADAJOZ E	02:52,48 MARÍA PUENTE Z 08/06/13 BADAJOZ E	02:56,02 MARÍA PUENTE Z 01/07/12 ALMENDRALE E	02:59,11 CARMEN ALISEDA G 26/06/11 DON BENITO E	02:55,78 SARA NOGALES C 04/07/10 MÉRIDA E	02:58,47 CLAUDIA PÍRIZ C 11/07/09 MONTIJO E	02:53,36 CARMEN ALISEDA G 05/07/08 MÉRIDA E	02:57,02 CARMEN ALISEDA G 07/07/07 OLIVENZA E	
50B	PISCINA 25m	00:36,76 LAURA FERNÁNDEZ C 07/02/15 PLASENCIA E	00:36,63 LAURA FERNÁNDEZ C 23/03/14 CÁCERES E	00:37,62 LAURA FERNÁNDEZ C 13/01/13 CÁCERES E	00:39,14 LAURA FERNÁNDEZ C 15/01/12 CÁCERES E	00:38,11 LAURA FERNÁNDEZ C 19/12/10 DON BENITO E	00:37,31 LAURA FERNANDEZ C 20/12/09 BADAJOZ E	00:38,20 LAURA FERNANDEZ C 25/04/09 CÁCERES M	00:38,11 LAURA FERNÁNDEZ C 20/02/08 MÉRIDA E	00:36,91 LAURA FERNÁNDEZ C 25/02/07 CÁCERES E	00:39,70 LAURA FERNANDEZ C 17/12/05 BADAJOZ E
50B	PISCINA 50m	00:37,51 LAURA FERNÁNDEZ C 06/06/15 BADAJOZ E	00:37,07 LAURA FERNÁNDEZ C 29/06/14 MÉRIDA E	00:37,61 LAURA FERNÁNDEZ C 07/07/13 NAVALMORAL E	00:39,51 LAURA FERNÁNDEZ C 30/06/12 ALMENDRALE E	00:40,64 LAURA FERNÁNDEZ C 25/06/11 DON BENITO E	00:39,37 LAURA FERNANDEZ C 02/07/10 MÉRIDA E	00:38,14 LAURA FERNANDEZ C 12/07/09 MONTIJO E	00:38,80 LAURA FERNÁNDEZ C 07/06/08 BADAJOZ E	00:37,62 LAURA FERNÁNDEZ C 15/07/07 PLASENCIA E	00:37,00 LAURA FERNANDEZ C 23/07/06 ALMENDRALE E
100B	PISCINA 25m	01:19,33 LAURA FERNÁNDEZ C 07/03/15 MÉRIDA E	01:20,59 LAURA DE BENITO C 15/02/14 ALMENDRALE E	01:20,55 LAURA FERNÁNDEZ C 24/03/13 ALMENDRALE E	01:23,77 LAURA FERNÁNDEZ C 15/01/12 CÁCERES E	01:23,49 LAURA FERNÁNDEZ C 19/12/10 DON BENITO E	01:20,66 LAURA FERNANDEZ C 20/12/09 BADAJOZ E	01:22,41 LAURA FERNANDEZ C 18/01/09 ALMENDRALE E	01:23,63 LAURA FERNÁNDEZ C 06/04/08 ALMENDRALE E	01:20,72 LAURA FERNÁNDEZ C 25/02/07 CÁCERES E	01:22,66 LAURA FERNANDEZ C 17/12/05 BADAJOZ E
100B	PISCINA 50m	01:22,14 LAURA FERNÁNDEZ C 05/07/15 BADAJOZ E	01:22,22 LAURA FERNÁNDEZ C 29/06/14 MÉRIDA E	01:21,00 LAURA FERNÁNDEZ C 07/07/13 NAVALMORAL E	01:25,96 LAURA DE BENITO C 07/07/12 V. DEL VENTO E	01:24,97 LAURA DE BENITO C 26/06/11 DON BENITO E	01:25,55 LAURA FERNANDEZ C 04/07/10 MÉRIDA E	01:23,10 LAURA FERNANDEZ C 12/07/09 MONTIJO E	01:25,35 LAURA FERNÁNDEZ C 07/06/08 BADAJOZ E	01:22,86 LAURA FERNÁNDEZ C 15/07/07 PLASENCIA E	
200B	PISCINA 25m	02:54,38 LAURA DE BENITO C 07/03/15 MÉRIDA E	02:49,75 LAURA DE BENITO C 21/12/13 DON BENITO E	02:52,60 LAURA DE BENITO C 27/04/13 CÁCERES E	02:57,82 LAURA DE BENITO C 14/01/12 CÁCERES E	02:59,79 LAURA FERNÁNDEZ C 09/04/11 CÁCERES E	02:56,33 LAURA FERNANDEZ C 19/12/09 BADAJOZ E	02:57,72 LAURA FERNANDEZ C 17/01/09 ALMENDRALE E	02:58,60 LAURA FERNÁNDEZ C 19/04/08 MÉRIDA M	02:54,85 LAURA FERNÁNDEZ C 24/02/07 CÁCERES E	
200B	PISCINA 50m	03:00,99 LAURA FERNÁNDEZ C 20/06/15 DON BENITO E	02:59,92 LAURA DE BENITO C 28/06/14 MÉRIDA E	02:57,74 LAURA DE BENITO C 15/06/13 PLASENCIA E	02:58,96 LAURA DE BENITO C 14/06/12 DON BENITO E	03:01,72 LAURA DE BENITO C 25/06/11 DON BENITO E	03:07,44 LAURA FERNANDEZ C 03/07/10 MÉRIDA E	02:59,97 LAURA FERNANDEZ C 11/07/09 MONTIJO E	03:03,71 LAURA FERNÁNDEZ C 28/06/08 DON BENITO E	02:57,90 LAURA FERNÁNDEZ C 14/07/07 PLASENCIA E	
50M	PISCINA 25m	00:30,45 CARMEN LÁZARO R 07/03/15 MÉRIDA E	00:31,46 CARMEN LÁZARO R 21/12/13 DON BENITO E	00:32,48 CARMEN LÁZARO R 12/01/13 CÁCERES E	00:35,43 ROSA I. ALISEDA G 05/05/12 NAVALMORAL E	00:35,51 LAURA FERNÁNDEZ C 09/04/11 CÁCERES E	00:35,97 CARMEN ALISEDA G 17/10/09 PLASENCIA M	00:37,40 Mª PILAR LESMES G-C 22/11/08 NAVALMORAL E	00:36,38 LAURA FERNÁNDEZ C 24/05/08 NAVALMORAL E	00:35,34 Mª PILAR LESMES G-C 24/02/07 CÁCERES E	
50M	PISCINA 50m	00:30,48 CARMEN LÁZARO R 04/07/15 BADAJOZ E	00:31,15 CARMEN LÁZARO R 27/06/14 MÉRIDA E	00:32,62 CARMEN LÁZARO R 03/02/13 MADRID E	00:46,21 MARÍA PÉREZ L 09/06/12 BADAJOZ E		00:36,92 CLAUDIA PÍRIZ C 26/06/10 DON BENITO E	00:35,90 CARMEN ALISEDA G 25/07/09 PLASENCIA E	00:38,50 CRISTINA GORDO P 14/06/08 PLASENCIA E	00:36,49 LAURA FERNÁNDEZ C 02/06/07 MÉRIDA E	
100M	PISCINA 25m	01:07,50 CARMEN LÁZARO R 20/12/14 PLASENCIA E	01:09,61 CARMEN LÁZARO R 15/02/14 ALMENDRALE E	01:11,77 CARMEN LÁZARO R 23/03/13 ALMENDRALE E	01:19,00 CARMEN LÁZARO R 05/05/12 NAVALMORAL E	01:20,54 ROSA I. ALISEDA G 30/04/11 ALMENDRALE M	01:23,29 ROSA I. ALISEDA G 28/03/10 ALMENDRALE E	01:25,14 CLAUDIA PÍRIZ C 22/11/08 NAVALMORAL E	01:21,81 CLAUDIA PÍRIZ C 18/05/08 CÁCERES E	01:20,51 Mª PILAR LESMES G-C 25/03/07 ALMENDRALE E	
100M	PISCINA 50m	01:07,61 CARMEN LÁZARO R 03/07/15 BADAJOZ E	01:09,31 CARMEN LÁZARO R 29/06/14 MÉRIDA E	01:12,41 CARMEN LÁZARO R 06/07/13 NAVALMORAL E	01:19,65 CARMEN LÁZARO R 30/06/12 ALMENDRALE E	01:24,56 ROSA I. ALISEDA G 25/06/11 DON BENITO E	01:25,11 MARTA DÍAZ G 26/06/10 DON BENITO E	01:23,96 LAURA FERNANDEZ C 20/06/09 VALEN. VENT. E	01:22,56 Mª PILAR LESMES G-C 05/07/08 MÉRIDA E	01:19,90 Mª PILAR LESMES G-C 30/06/07 DON BENITO E	
200M	PISCINA 25m	02:31,16 CARMEN LÁZARO R 21/12/14 PLASENCIA E	02:40,74 LAURA DE BENITO C 17/05/14 CÁCERES E	02:45,36 LAURA DE BENITO C 28/04/13 CÁCERES E	02:52,70 LAURA DE BENITO C 17/03/12 NAVALMORAL E	03:02,28 MARTA DÍAZ G 14/05/11 BADAJOZ E	03:10,57 MARTA DÍAZ G 07/03/10 NAVALMORAL E	03:05,33 CLAUDIA PÍRIZ C 22/11/08 NAVALMORAL E	03:03,68 CLAUDIA PÍRIZ C 29/04/08 MÉRIDA M	03:00,77 Mª PILAR LESMES G-C 21/04/07 ALMENDRALE M	
200M	PISCINA 50m	02:37,49 CARMEN LÁZARO R 20/06/15 DON BENITO E	02:43,88 CARMEN LÁZARO R 28/06/14 MÉRIDA E	02:48,18 LAURA DE BENITO C 15/06/13 PLASENCIA E	02:56,96 LAURA DE BENITO C 02/06/12 PLASENCIA M	03:06,06 LAURA DE BENITO C 16/07/11 NAVALMORAL E	03:18,73 LAURA FERNANDEZ C 05/06/10 BADAJOZ E	03:15,77 CLAUDIA PÍRIZ C 25/07/09 PLASENCIA E	03:05,08 CLAUDIA PÍRIZ C 06/07/08 MÉRIDA E	03:07,48 Mª PILAR LESMES G-C 08/07/07 OLIVENZA E	
100EI	PISCINA 25m	01:14,05 MARÍA PUENTE Z 14/02/15 DON BENITO E	01:12,47 CARMEN LÁZARO R 16/02/14 ALMENDRALE E	01:15,43 CARMEN LÁZARO R 27/04/13 CÁCERES E	01:21,70 ROSA I. ALISEDA G 14/01/12 CÁCERES E	01:17,02 CARMEN ALISEDA G 19/12/10 DON BENITO E	01:20,76 LAURA FERNANDEZ C 14/11/09 ALMENDRALE E	01:21,89 LAURA FERNANDEZ C 14/03/09 CÁCERES M	01:20,39 LAURA FERNÁNDEZ C 08/12/07 NAVALMORAL E	01:18,87 LAURA FERNÁNDEZ C 25/11/06 CÁCERES E	
200EI	PISCINA 25m	02:31,40 CARMEN LÁZARO R 12/04/15 ALMENDRALE E	02:34,59 CARMEN LÁZARO R 08/03/14 ALMENDRALE E	02:33,41 CARMEN LÁZARO R 27/04/13 CÁCERES E	02:43,54 LAURA DE BENITO C 19/05/12 CÁCERES E	02:48,14 CARMEN ALISEDA G 19/12/10 DON BENITO E	02:46,97 CARMEN ALISEDA G 10/04/10 ALMENDRALE E	02:52,75 SARA NOGALES C 28/02/09 DON BENITO E	02:49,36 LAURA FERNÁNDEZ C 06/04/08 ALMENDRALE E	02:46,61 LAURA FERNÁNDEZ C 16/12/06 BADAJOZ E	
200EI	PISCINA 50m	02:42,28 CARMEN LÁZARO R 30/05/15 NAVALMORAL E	02:42,50 LAURA DE BENITO C 28/06/14 MÉRIDA E	02:41,88 LAURA DE BENITO C 06/07/13 NAVALMORAL E	02:48,30 LAURA DE BENITO C 09/06/12 BADAJOZ E	03:00,46 ROSA I. ALISEDA G 26/06/11 DON BENITO E	02:53,34 SARA NOGALES C 03/07/10 MÉRIDA E	02:56,09 LAURA FERNANDEZ C 27/06/09 DON BENITO E	02:57,41 LAURA FERNÁNDEZ C 28/06/08 DON BENITO E	02:51,25 LAURA FERNÁNDEZ C 21/07/07 V. VENTOSO E	
400EI	PISCINA 25m	05:20,80 ANA I. BANDA B 08/03/15 MÉRIDA E	05:32,17 LAURA DE BENITO C 17/05/14 CÁCERES E	05:33,41 LAURA DE BENITO C 11/05/13 CÁCERES E	05:47,37 LAURA DE BENITO C 15/01/12 CÁCERES E	06:00,76 MARTA DÍAZ G 14/05/11 BADAJOZ E	05:58,19 LAURA FERNANDEZ C 14/11/09 ALMENDRALE E	06:06,63 CLAUDIA PÍRIZ C 20/12/08 BADAJOZ E	05:58,77 LAURA FERNÁNDEZ C 19/04/08 MÉRIDA M	05:59,43 LAURA FERNÁNDEZ C 20/01/07 ALMENDRALE E	
400EI	PISCINA 50m	06:35,10 MARÍA PÉREZ L 05/07/15 BADAJOZ E	05:43,75 CARMEN LÁZARO R 29/06/14 MÉRIDA E	05:42,95 CARMEN LÁZARO R 07/07/13 NAVALMORAL E	05:48,66 LAURA DE BENITO C 09/06/12 BADAJOZ E	06:21,27 MARTA DÍAZ G 25/06/11 DON BENITO E	06:10,91 SARA NOGALES C 03/07/10 MÉRIDA E	06:26,67 CLAUDIA PÍRIZ C 12/07/09 MONTIJO E	06:30,92 Mª PILAR LESMES G-C 06/07/08 MÉRIDA E	06:57,06 CECILIA MENA F 08/07/07 OLIVENZA E	